TOWN OF BLADENSBURG

MENTAL HEALTH AWARENESS DAY

Saturday, May 14

2:30PM - 5:30PM

Bladensburg Community Center

4500 57th Ave,
Bladensburg, MD 20710

Join us for a day filled with mental wellness activities, yoga, and vendors to provide immediate service!

ON-SITE SERVICES

YOGA SESSION

MENTAL WELLNESS ACTIVITIES

DIAPER GIVEAWAY!

First 25 people will receive a free yoga mat

M.A.I. P.E.A.C.E ™

Sponsored By

NOW FOUNDATION

EMPLOY PRINCE GEORGE'S

Sigma Gamma Rho Sorority, Inc. Eta Iota Sigma Alumnae Chapter Chevy Chase, MD "Where Excellence is the Standard"

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TOWN OF BLADENSBURG

DIA DE LA SALUD MENTAL

Sábado, 14 de Mayo

2:30PM - 5:30PM

Bladensburg Community Center

4500 57th Ave,
Bladensburg, MD 20710

¡Únase a nosotros para un día lleno de actividades de bienestar mental, yoga y proveedores para brindar un servicio inmediato!

SERVICIOS IN SITU

SESIÓN DE YOGA

¡SORTEO DE PAÑALES!

Las primeras 25 personas recibirán una esterilla de yoga gratis

ACTIVIDADES DE BIENESTAR MENTAL

M.A.I. P.E.A.C.E ™

Patrocinado por

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